

GRASSHOPPER

NOVEMBER 2008

LK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 3 CN-SNACK-ATIZERS POPCORN CHICKEN, 7 EA W/ CATSUP SWEET TENDER PEAS, 1/4 C BREAD STICKS, 1 PKTS CHILLED APPLESAUCE, 3/8 C	NOVEMBER 4 MACARONI & CHEESE, 1/2 C DINNER ROLL, 1 EA MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/4 C FRESH FRUIT SALAD, 1/2 C (MELONS, FRESH PINEAPPLE), 3/8 C TODS AND TWOS SWEET TENDER PEAS	NOVEMBER 5 BEEF HAMBURGER PATTY, 1 EA HAMBURGER ROLL, 1 EA W/ CATSUP SWEET YELLOW CORN, 1/4 C FRESH ORANGE WEDGES, 2 EA TODS AND TWOS CHILLED DICED PEARS	NOVEMBER 6 NACHO MEAT, 1 OZ (SOY & BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ TORTILLA CHIPS, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS ROLL / CARROT COINS APPLESAUCE	NOVEMBER 7 SPAGHETTI W/ MARINARA, 1/3 C TURKEY MEATBALLS, 3 EA TOSSED SALAD W/CREAMY RANCH DRESSING, 1/4 C PINEAPPLE TIDBITS, 3/8 C TODS AND TWOS MIXED FRUIT/GREEN BEANS
NOVEMBER 10 TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C PINEAPPLE TIDBITS, 3/8 C TODS AND TWOS CARROT COINS PEARS	NOVEMBER 11 VETERAN'S DAY HOLIDAY !!	NOVEMBER 12 SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C DINNER ROLL, 1 EA FRESH FRUIT SALAD, 3/8 C (MELONS, FRESH PINEAPPLE)	NOVEMBER 13 TURKEY CORN DOG NUGGETS, 4 EA W/ CATSUP GREEN PEAS, 1/4 C FRESH ORANGE WEDGES, 2 EA TODS AND TWOS CHILLED DICED PEARS	NOVEMBER 14 **BAKED ZITI** NO MEAT HAS SOY, 2 OZ IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C STEAMED VEG MEDLEY, 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C
NOVEMBER 17 CHICKEN PATTY SANDWICH, 1 EA HAMBURGER ROLL, 1 EA W/ HONEY MUSTARD GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	NOVEMBER 18 HAWAIIAN MEATBALLS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS CARROT COINS	NOVEMBER 19 CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 3 EA SAVORY MASHED POTATOES, 1/4 C WHOLE WHEAT BREAD, 1/2 SL FRESH APPLE, 3/8 C TODS AND TWOS CHILLED APPLE SAUCE	NOVEMBER 20 MEATBALLS & GRAVY, 3 EA SPLIT TOP ROLL, 1 EA SWEET TENDER PEAS, 1/4 C FRESH ORANGE WEDGES, 2 PCS TODS AND TWOS APPLESAUCE	NOVEMBER 21 SLICED TURKEY BREAST W/ GRAVY ,1 SL MASHED POTATOES, 1/4C TOSS SALAD W/ RANCH, 1/4C CRANBERRY SAUCE, 1OZ DINNER ROLL W/ MARG, 1EA FR: BAKED CHOC CHIP COOKIE, 1EA
NOVEMBER 24 BEEF HAMBURGER PATTY, 1 EA ON A ROLL W/ CATSUP GREEN BEANS, 1/4 C CHILLED DICED PEARS, 3/8 C	NOVEMBER 25 SPAGHETTI W/ MARINARA, 1/3 C TURKEY MEATBALLS, 3 EA TOSSED SALAD W/CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS	NOVEMBER 26 SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TODS AND TWOS CHILLED DICED PEACHES	NOVEMBER 27 HAPPY THANKSGIVING !!	NOVEMBER 28 HAPPY THANKSGIVING !!

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 6 oz milk required with each meal